

AlOff Lite Press Release March 2012

Simple Activity Monitor and Shutdown Utility AlOff Lite Updated To Version 4.1

Useful Links: [JSutils Website](#) [Shutdown Utility Index](#)
 [Technical Notes Index](#) [Calculator Index](#)

[JSutils](#) has updated simple activity monitor and shutdown utility [AlOff Lite](#) to version 4.1. This version modifies the utility so that AlOff Lite now restarts when the computer resumes from hibernate. The system tray right click menu options are now correctly displayed in shutdown mode.

[AlOff Lite](#) is an activity monitor and shutdown utility which monitors the mouse, keyboard and CPU load and initiates computer power off or hibernation if there has been no keyboard or mouse activity for 900 seconds and the average CPU load has been below 15% for over 60 seconds. A fixed shutdown time or fixed shutdown delay can also be set which will override CPU and Keyboard/Mouse activity detection or they can be used on their own. Designed to be simple to install and use [AlOff Lite](#) requires no configuration apart from selecting what is monitored and the shutdown mode during installation. [AlOff Lite](#) is suitable for most applications. It can be started at a fixed time, a command line, on start up or manually.

[AlOff Lite](#) is part of the [JSutils](#) group of software and was originally designed as part of a practical home energy saving project to save energy and money by reducing water use. It is free for personal non commercial use, supports Windows 2000, Windows XP, Windows Vista and Windows 7, comes complete with html help and is simple to install and use.

[JSutils](#) is the home of a small collection of software associated with energy saving and energy saving calculation. Products include a range of computer shutdown utilities and calculators for electricity, gas, oil and water user plus calculators for electricity and water cost comparison.